COMPREHENSIVE SEXUALITY EDUCATION (CSE) FOR ALL

Group Members

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OUTLINE OF THE PRESENTATION

• Introduction of CSE
• Components
• Major issues
• Rationale
• Campaign at a glance
• Planned activities
INTRODUCTION OF CSE

- **Rights-based** and **gender-focused** approach to sexuality education, whether in school or out of school.

- Providing **age-appropriate** information consistent with the evolving capacities of young people.

- Includes **scientifically accurate information** about human development, anatomy and reproductive health, as well as information about contraception, childbirth and sexually transmitted infections (STIs), including HIV.
Not only provides information but also helps young people to explore and nurture positive values regarding their sexual and reproductive health.

Includes discussions about family life, relationships, culture and gender roles.

Also addresses human rights, gender equality, and threats such as discrimination and sexual abuse.
COMPONENTS OF CSE

- Gender
- Sexual and reproductive health including STIs and HIV/AIDS
- Sexual and reproductive health and rights
- Pleasure
- Violence
- Diversity
- Relationship
MAJOR ISSUES IN CSE

- Early marriage
- Early pregnancies and poor maternal health
- Barriers to Accessing Sexual and Reproductive Health Services
- HIV and STI vulnerability
- Violence
RATIONALE

- Age appropriate CSE is to be included in school curriculum and is to be tailored to the specific context and needs of young people.

- Engaging parents and communities as part of this education is critical.

- Sensitization among community health workers plays a key role in case of addressing the issues.
Addressing gender and power issues also leads to better health outcomes.

Stigma-free environment helps in open talk of the issues around the topic.

Due to the shyness, some teachers are not providing appropriate informations at schools.

One of the major learning among young population is through peer groups.
PLANNED ACTIVITIES

School Based
- School health programs regarding CSE
- Mobilization of peer educators
- Establishment of CSE corners and secret box at school library
- Role plays at schools
Community based

- IEC materials such as posters, flip charts in local language
- Radio programs
- Short movie demonstration and communities
- Use of social media for awareness
- Trainings of community health workers
- Establish CSE corner at child and youth clubs.
Policy level
- Prepare and publish position paper
- Meetings with authorities of education, health and related ministries
- Advocacy for inclusion of CSE components in school curriculum
- Advocacy through social media, mass media