



**“STRUGGLE FOR HEALTH”-  
GENDER AND HEALTH**  
9<sup>th</sup> November- 12<sup>th</sup> November, 2018.

# DAY 1- INTRODUCTION

- Gender roles
- Ascription
- Social Reproduction
- Roots in Patriarchy
- Hegemony-dominant discourse
- Issues around sexuality
- Case studies from Bangladesh- Sex workers' movement.
- Hetero-normativity
- Queer



# DAY 1- ACTIVITY

- Stereotypes
- Group work on gender roles and institutions
- Story telling session
- Power/privilege access walk
- Documentary



# DAY 2-SEXUAL AND REPRODUCTIVE RIGHTS

- Sexual rights are much broader but often subsumed under reproductive rights.
- CEDAW
- Cross cutting issues in sexuality
  - *Non discrimination*
  - *Underlying social determinants*
- Abortion & Contraception
- Surrogacy & Infertility
- Case study- Women's movement on implant contraceptive (Norplant I)



# DAY 2- ACTIVITY

- Legal status of abortion and contraception in different countries.
- Video **“Can we see the baby bump please?”**
- Debate on surrogacy: opportunity or exploitation?



# DAY 3- GENDER BASED VIOLENCE AND MENTAL HEALTH

- Unequal power relations
- Gender based violence is a public health concern.
- Different forms of violence
- Impact of violence on physical, mental, social and economic.
- Role of health systems
- How to listen to a survivor-SOLER.
- Creating support systems for survivor.
- Sensitizing health professionals.



# DAY 3- MENTAL HEALTH

- Development of personality
- Injunctions
- Transactional analysis.
- Case studies
- How mental health is a public health concern.



# DAY 3- ACTIVITY

- Group work on sharing of personal experiences of violence.
- Group work on impact of violence on individual
  - Physical
  - Mental
  - SRH
  - Societal





# DAY 4- CONFLICT AND HUMAN RIGHTS FRAMEWORK

- A glimpse into Palestine and Rohingya conflict
- Discussion about other conflict areas like Kashmir, North East India and Sri Lanka.
- Link between conflict and health
- Human rights and their importance
- Sources of human rights law
- Health as a human right
- Discussion about human rights violation
- Positive narratives around human rights





## DAY 4- ACTIVITY

- **Video Rohingya refugees camps and the situation of women: “No women’s land”.**
  - **Video Kashmir conflict “Tales of Siege”.**
  - **Human Rights framework (international and local level)**
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